



Page 1 of 4

# Front Control Arm Anti-Lift and Caster Increase

**N.B:** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

**Application** - Honda Civic  
- 10th Gen FC/FK  
- including Type R

*Always refer complete catalogue listing*

WHITELINE front control arm ALK is designed to improve front end geometry by re-positioning the control arm mounting point.

The result is an increase of approx 1 degree of caster over the original Honda spec.

In addition, anti-lift geometry for improved traction/acceleration.

Vehicle turn-in ability is significantly improved also via the low compliant bushing. Resulting in a more predictable, faster vehicle.

**Contents** - 2x performance aluminum brackets with installed low compliance bushing.

- 2x bushing 69156
- 2x bushing 69192
- 2x M14 x 40mm bolts.
- 2x M14 x 85mm bolts.
- 2x M14 nuts.
- 4x flat washers.
- Grease

- Raise vehicle evenly and safely support.

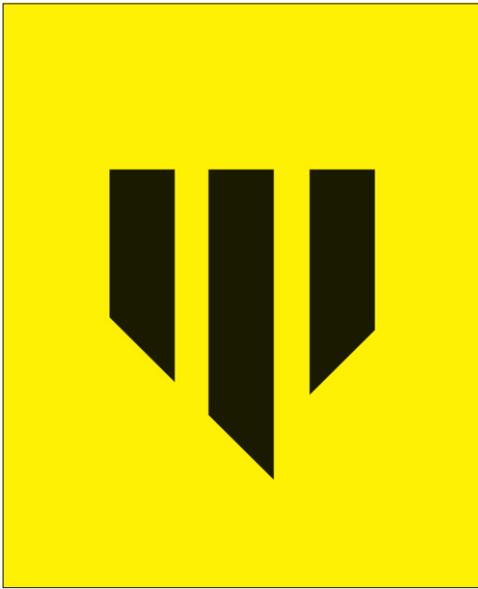
*Never rely on a Jack only.*

- Start by removing front wheels and un-bolting front control arms.

Refer page 2 -



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*Continued - Page 2 of 4*

- Un-bolt steering link and head light sensor.



- Un-bolt ball joints (from hub)

- Un-bolt lower front bushing bolt.



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*Continued - Page 3 of 4*

- Using a Press, press off OE rear bracket from arm.

Note - Type R has aluminium arm  
Other cars have steel arm.

- Place bushing insert over control arm - push all the way until stops.

Choose bushing insert depending vehicle;

Use bushing **69156** for Type R cars (aluminium arm)  
Use bushing **69192** for other cars (steel arm)

**IMPORTANT** - Generously grease bushing insert and large bushing internal diameter with supplied grease only

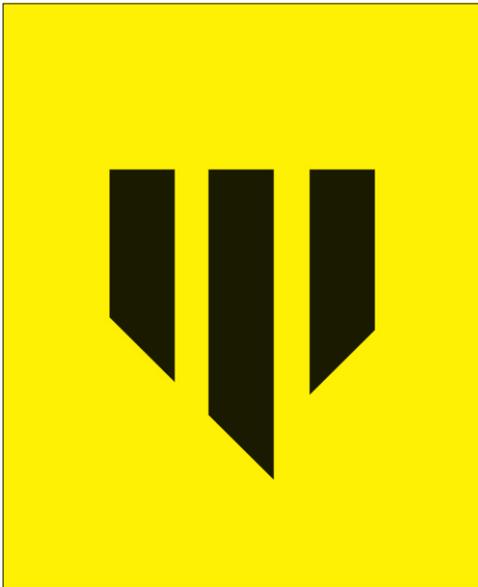


Steel Arm - use  
**69192** bushing



Aluminium Arm -  
use **69156** bushing

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*Continued - Page 4 of 4*

Refer images below for bushing insert - note insert flange sits inside large bushing



• Steel arm and bushing insert **69192** shown



**Supplied washers under bolt head**



• Aluminium arm and bushing insert **69156** shown  
**Note - aluminium brackets are LH and RH**

• Using supplied M14 flange bolts, nuts and washers, mount bracket to car - place supplied washers under bolt head - tighten to 100Nm.

• A wheel alignment is required immediately after install.